



ABALONE

Wellness Centre

Skincare

Kalahari Honey Bush Skin Treatment

R600 - 60min

The Kalahari Honey Bush Facial Treatment is a deeply nourishing treatment that includes natural plant extracts and rich botanical oils. The treatment includes a relaxing facial massage that will hydrate and rejuvenate your skin leaving it soft and supple. This treatment is suitable for all skin and suitable as a maintenance treatment.

Vita C Skin Treatment

R500 - 60min

This is an ultra-firming, anti-ageing treatment rich in natural, organic Vitamin C and essential antioxidants. Extracted directly from the African Baobab fruit, our Vitamin C boosts collagen and elastin regeneration, making your skin appear visibly firmed, brightened and tightened. Suitable for all skin conditions.

Vita C Eye Treatment

R400 - 60min

As an add-on to your facial treatment, our eye treatment provides re-contouring and firming of the delicate skin around your eyes. The organic Vitamin C will boost and improve collagen and elastin regeneration, making fine lines and wrinkles appear visibly reduced after only one treatment. Perfect for tired eyes that need revival. Suitable for all skin conditions.

Revitalising Vita Gel Skin Treatment

R600 - 60min

The Vita-gel skin treatment is a highly effective treatment gel that revitalises and rejuvenates the skin. The effective combination of alpha hydroxy acids, peptides and moisture-binding ingredients will leave the skin visibly detexturised, revitalised and radiant. Suitable for all skin conditions.

Phytic Clay Skin Treatment

R450 - 60min

The Phytic Clay Treatment Mask is a pro-active treatment that contains Mandelic, Glycolic acid and Phytic acid derived from Soybean extract. The treatment mask effectively targets hyperpigmentation, de-ageing and rejuvenation of the skin leaving it visibly brightened and rejuvenated. Not suitable for sensitive skin conditions.

Phyto Compounding Skin Treatment

R500 – 60min

The Phyto Compound Treatment Mask Treatment is compounded especially for your specific skin needs from a selection of African Mud, Clays and Phyto-effective treatment-gels. These area-specific applications optimise treatment results and are suitable for all skin conditions.

Peel-Away Treatment Mask

R350 – 60min

The Peel-away Liquid is an ideal treatment enhancer for effective pore purifying and skin clarifying results. Let your therapist peel away the toxin build-up with our professional Peel-away Liquid Treatment that is being tailored to suit your specific skin needs. Activated charcoal draws impurities and pollutants to the surface of the skin while Tea tree oil combats inflammation.

TCA Skin Treatment

R450 – 60min

TCA, Trichloroacetic acid, is a medium strength chemical coagulant that revitalises the skin by lifting dead surface cells and stimulates skin mitosis. TCA Treatments will effectively refine the appearance of fine lines and wrinkles, enlarged pores and even out skin discoloration. The skin will appear visibly smoother, detexturised and radiant.

Neck and Décolleté Treatment

R280 – 60min

Our Neck and Décolleté Treatment targets the visible appearance of sagging skin around the neck and décolleté area. The Vitamin C mask will visibly firm and tighten the treatment area through boosting the collagen and elastin. Suitable for all skin conditions.

Collagen Induction Treatment

R1600 – 60min

Collagen Induction Therapy also known as Micro-needling, is a minimally-invasive skin rejuvenation treatment designed to improve the appearance of fine lines and wrinkles as well as scars on the face and body. The treatment uses micro-needles on a medical-grade roller that is moved over the skin to create tiny, evenly-spaced puncture wounds on the skin. This process stimulates the body's natural collagen production by generating a wound healing response.

Nail Treatments

Hand and Arm Anti-Ageing Treatment

R480 – 45min

The Phyto Hand and Arm Treatment is an effective anti-ageing treatment with highly effective fruit and vegetable enzymes. The treatment will improve the visible signs of ageing and will leave the skin well exfoliated, brighter and hydrated. This treatment is suitable for all skin conditions.

Phyto Heel Exfoliation Treatment

R300 – 60min

The Phyto Heel Exfoliation is a highly effective deep exfoliation that removes dead skin cell build-up. The Glycolic acid and Pumpkin enzymes, which break down the protein bonds that hold dead skin cells together, in order for these to easily be buffed away. The rough skin will feel smooth and hydrated. Suitable for all skin conditions.

Gel Pedicure

R400 – 60min

Gel is especially suited to pedicures because it is so very durable. When you get a gel pedicure, you can expect it to last at least for weeks and retain its good looks every step (literally) of the way.

Classic Pedicure

R350 – 60min

A Classic Pedicure includes foot soaking, foot scrubbing with a pumice stone or foot file, nail clipping, nail shaping, foot and calf massage, moisturizer and nail polishing.

Classic Manicure

R280 – 45min

A classic manicure is a traditional way of applying nail colour and nail care. The steps for this service is to cut and shape the nails, and then cuticle trim.

Gel Manicure

R350 – 45min

Just like in a regular manicure, cuticles are pushed back and nails are filed. Nails are also buffed, so the gel adheres more strongly. A coat of gel “polish” is applied to each nail, with 60 seconds of drying time under a UV Light in between.

Acrylic Gel Manicure (Nele’)

R450 – 45min

An Acrylic Gel Manicure includes fake nails that are placed over your natural ones. They can be made to match the shape of the nail, or to extend it.

Massages

Deep Scalp Exfoliation Treatment

R350 – 60min

The Kalahari Deep Scalp Exfoliation Treatment will relieve itchy, dry and flaky scalp conditions. The exfoliation method removes all dry, unwanted build-up on the scalp while the botanical mint oil will leave your scalp refreshed and invigorated. The treatment includes a deeply relaxing scalp massage.

Back Massage

R400/R550 – 30min/45min

This is a deeply relaxing massage therapy with sun-baked calabashes from the Kalahari Desert. The gentle round body of the calabash releases muscle stiffness in your back and will have a deeply relaxing effect on body and mind.

African River Stone Full Body Massage

R750 – 60min

This ancient body treatment uses the therapeutic heat from stones that is slowly released into the muscle for a deeply relaxing distressing experience. Small, warm stones are placed on your back while warm, luxurious oils are massaged deeply into the body for a deep 60minute relaxation experience.

Reflexology

R450 – 60min

Reflexology, also known as zone therapy, is an alternative medicine involving application of pressure to the feet and hands with specific thumb, finger, and hand techniques without the use of oil or lotion.

Aromatherapy

R750 – 60min

Combining hot stone protocols with a full body massage provides a very healing and effective experience. The hot stones also expand blood vessels, which encourages blood flow throughout the body. The hot stones have a sedative effect that can relieve chronic pain, reduce stress and promote deep relaxation.

Body Treatments

Desert Glow Body Exfoliation

R400 – 30min

A stimulating and refreshing full body exfoliation that will stimulate blood circulation while unwanted rough skin will be buffed away with salt crystals from the plains of the Kalahari. Your skin will feel smooth and deeply nourished.

Kalahari Red Dune Sand Body Exfoliation

R400 – 30min

The soft red dune sand merges with our fragrant sugar to effectively exfoliate rough skin when it gently travels across your body to take you on a stimulating and reviving journey. Grape seed oil will deeply nourish your skin and leave it perfectly moisturised and silky soft.

African Clay and Grape Seed Oil Body Wrap

R500 – 30min

After gently exfoliating the whole body you will be wrapped in nourishing Grape seed oil and botanical clay that improves lymphatic flow, removes toxins from skin and refreshes your whole body. When unveiled after the treatment, your skin will be silky smooth, invigorated and moisturised.

Aloe and Clay Body Wrap

R500 – 30min

The Aloe and Clay wrap is the perfect body wrap for ultra-hydrating skin benefits. The refreshing combination of soothing Aloe extract and Grape seed oil will revive your skin and leave it radiant and ultra-nourished.

Honeymoon Treatment

Couples massage

R1400 – 60min

A relaxing full body treatment for you and your partner, which relaxing tones from Swedish massage and encompassing, organic aromatherapy that will take you on a journey of sense.(In room treatment)

Wax Treatments

Half Leg – R300

Underarm – R120

Full Leg – R400

Brazilian – R500

Lip / Brow / Chin – R80 each

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kalahariTM
ancient desert secrets